



Gurkha Tattoo Family Pte Ltd

14 Scotts Road, #04-11 Far East Plaza, Singapore 228213, Tel 68340558

Bridge Piercing Aftercare



The bridge piercing is relatively straightforward when it comes to healing. Bridge piercings take between 6 to 12 months to heal completely. You should not remove your piercing for at least 12 weeks. Your healing process will be improved if you follow proper aftercare procedures as recommended.

A new Bridge piercing will tend to have swelling, bruising or tenderness around the area between the eyes and the surrounding area of the piercing. This swelling will subside and will go away in time. For the time being, any anti-inflammatory painkillers will keep the swelling down.

Alternatively, you may wrap a clean ice pack in a clean paper towel and gently apply it to the swollen area for a few minutes. The ice pack will relieve the pain and swelling that is making you uncomfortable. However, keeping the ice pack directly on the wound for too long can cause even more damage. During the healing of your Bridge piercing, you may develop a small lump or blister that forms around the piercing, do not panic or remove the jewelry.

These small lumps are called Granulomas and usually occurs when the piercing has smacked or the jewelry has been taken out and re-inserted damaging the wound. Apply a hot compress to the wound at least once or twice a day. Soak a clean cotton ball in hot water, making sure that it is not hot enough to burn the skin but warm enough to penetrate the wound. Place it on your wound and remove it only when the heat dissipates. Continuously do this for about 5 to 15 minutes every day until the lump disappears. Because bridge piercings carry a particular risk of migration or infection, it's imperative to follow the correct aftercare procedures. Bridge piercing aftercare typically includes the following:

- **DO NOT** use alcohol or any solution containing alcohol or hydrogen peroxide on your piercing.
- **DO NOT** touch, turn or play with you. Cleaning the piercing site using a SALINE SOLUTION, gently removing all the crusting and dirt.
- Thoroughly clean off all the crust around the piercing as it can concrete around the jewelry. A tear may occur inside of the wound when the jewelry shifts. It may lead to inflammation and delayed healing.
- Remember always to dry your piercing with a clean cotton ball afterward.
- Change your bedding regularly and to take caution when changing clothes or using towels, the piercing is prone to snagging.
- **AVOID** swimming as the water in the pool and oceans are contaminated and may cause the piercing to be infected.
- **AVOID** harsh skin products or makeup, as well as minimizing alcohol intake during the healing process. jewelry during the healing period except for when you need to clean it. Doing so may tear the piercing.
- **DO NOT** pick at the scabs or crust as this will cause excessive scar tissue formation and lead to infections.
- **DO NOT** remove or change the jewelry on your own until healed.

Enjoy your new piercing and do give us a call or drop by the store if you need help or have any questions. We will be more than happy to assist.