



Gurkha Tattoo Family Pte Ltd

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Monroe, Madusa, Web, Labret, Tongue PIERCING AFTERCARE



Labret piercings usually take about 6 to 8 weeks or longer to heal.

Infection is not the most common risk for oral piercings because the lymphatic system, mucous membranes, and saliva provide formidable defenses.

Swelling is normal, and it may last for the first week or longer. It is usual for the jewelry to sink in slightly into your lip but if you suspect tissue is growing over your jewelry, consult us or any other professional piercers immediately.

If it is too late and the tissue grows over the jewelry.

Gently brushing your gum upwards may help prevent our gums from receding.

Cold and frozen food are soothing and help minimize the swelling.

- Rinse your mouth after every meal with clean water or diluted mouthwash with 75% water, it is best to use mouth wash not containing alcohol.
- Remove the plaque around the barbell very gently with a soft toothbrush or dental floss during the healing period.
- Drink lots of cold water and suck on ice as often as you can, especially when you have just woken up. It will help reduce the swelling.
- Check that the ball bearing is screwed on tightly at least once a week. Remember to wash your hands with anti-bacterial soap before touching your piercing.
- AVOID oral sex or kissing during the healing period.
- DO NOT drink alcohol; eat acidic, salty and spicy or hot food.
- DO NOT put dirty things in your mouth such as fingernails, pens, etc.
- DO NOT play with your piercing as this may end up tearing the wound causing excess scar tissue formation and delayed healing.
- DO NOT remove or change the jewelry on your own until it has healed.

Enjoy your new piercing and do give us a call or drop by the store if you need help or have any questions. We will be happy to assist.